

2024 Leopold Primary School Canteen List

Traffic light system to assist your food planning:

Green: Everyday foods

Orange: Carefully select foods

Red: Occasional foods

Drinks:

Water \$1.35

Apple juice \$2.40 Orange juice \$2.40

Chocolate milk \$2.40 Strawberry milk \$2.40

Slush puppy (pear based) \$3.00 only available Wed/Thu/Fri

Salad bowls:

Chicken cob: spinach, corn, red onion, tomato, chicken breast snitzel, bacon, boiled egg, cheese & mayo. \$10.00

John West: spinach, red onion, capsicum, corn, spring onion, mayo, tuna, boiled egg, avocado, salt & pepper. \$10.00

Mexican: spinach, red onion, capsicum, salsa, corn chips, corn, black beans, chicken breast snitzel, cheese, avo, sour cream, chilli flakes. \$10.00

Sandwiches/Wraps: Wholemeal bread, Lo GI.

Vegemite & Cheese s/w \$3.00 w \$3.25

Cheese: s/w \$2.75 w \$3.00

Ham: s/w \$3.50 w \$3.50

Ham & cheese: s/w \$4.00 w \$4.00

Ham & salad: s/w \$4.80 w \$4.80

Chicken snitzel: (breast) s/w \$4.30 w \$4.30

Chicken & cheese: s/w \$4.70 w \$4.70

Chicken & salad s/w \$5.40 w \$5.40

Tuna: (tuna, mayo, corn) s/w \$4.50 w \$4.50

Tuna special; (tuna, mayo, corn, avocado, bacon).
Wrap only \$6.60

Salad: (spinach, tomato, cucumber, carrot, red onion)
Wrap only \$4.10

GLUTEN FREE

We take huge pride in our GF options. Everything is stored and baked separately.

GF Nuggets x3 \$3.00 GF Nuggets x6 \$5.20

GF penne Napoli homemade sauce \$4.95

GF penne Bolognese homemade \$5.50

GF penne & cheese \$4.95

GF dip & sticks \$3.85

GF toasted wrap chicken & cheese \$4.65

GF toasted wrap Ham & cheese \$4.65

GF truffle homemade \$1.35

GF Banana bread homemade \$2.75

GF brownie homemade \$2.75

GF hardboiled egg \$1.20

Baked Potatoes:

Basic spud: Baked spud, butter, cheese, sour cream & bacon. \$6.60

Mexican Spud: Baked spud, spinach, butter, cheese, chilli con carne, corn chips, black beans, corn, avocado, sour cream. \$11.00

Salad spud: Baked spud, butter, cheese, spinach, tomato, cucumber, capsicum, corn, grated carrot, red onion. \$11.00

HOT DOG Thursday

Hot dog no sauce \$4.00 Hot dog & sauce \$4.30

Hot dog & mustard \$4.30 Hot dog & BBQ sauce \$4.30

Hot dog & cheese \$4.40 Hot dog, cheese & sauce \$4.70

Hot dog, mustard & cheese \$4.70

Snacks:

Apple slinky	\$1.30	Watermelon slice	\$1.30
Watermelon bowl	\$2.75	Frozen pineapple	\$0.80c
Fresh fruit	\$1.30	Fruit salad	\$3.85
Dip & sticks	\$3.85	Popcorn	\$1.10
Cheese sticks	\$1.60	Babybel cheese	\$1.60
Boiled egg	\$1.20	Pita bread & dip	\$3.50
Yoghurt, honey & berry cup \$4.00			
Veggie sticks \$3.00			
Berry muffin homemade		\$2.30	
Choc chip muffin homemade		\$2.30	
Brownie homemade		\$2.40	
Truffle homemade		\$1.10	

Sushi:

Sushi Twin Pack – California - \$7.00

Sushi Twin Pack – Crisly Chicken - \$7.00

Sushi Twin Pack – Tuna - \$7.00

Sushi Twin Pack – Vegetarian - \$7.00

Available Fridays only – please pre order Thursday by 9AM

Hot Food:

Spaghetti Bolognese Homemade	\$5.20	Corn cob	\$1.35
Penne Napoli homemade	\$4.95	Traveller meat pie	\$4.50
Lasagne Homemade	\$5.20	Party pie x1	\$1.50
Fried Rice Homemade	\$3.85	Party pie x2	\$3.00
Butter chicken & rice homemade	\$5.20	Dino nuggets x3	\$3.00
Sausage roll Homemade	\$4.40	Dino nuggets x6	\$5.20
Steamed Dim Sims/soy sauce	\$1.45	Dino nuggets x9	\$6.80
Garlic bread	\$1.10	Noodles beef	\$3.30
Mini spring rolls x3	\$2.30		
Mini spring rolls x6	\$4.30		
Nachos (cheese & salsa)	\$4.40	Pikelets x3 Jam	\$4.40
Nachos & sour cream	\$4.95	Pikelets x3 Syrup	\$4.40