

SunSmart Policy

PURPOSE

This SunSmart policy provides guidelines to:

- ensure all students and staff are protected from over-exposure to UV radiation;
- ensure the outdoor environment provides shade for students and staff;
- ensure students are encouraged and supported to develop independent sun protection skills to help them be responsible for their own sun protection;
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure for students, staff and visitors.

SCOPE

Too much of the sun's UV can cause sunburn, skin and eye damage and skin cancer. UV damage accumulated during childhood and adolescence is strongly associated with an increased risk of skin cancer in later life. Australia has one of the highest rates of skin cancer in the world, with two in three Australians developing some form of skin cancer before age 70.

POLICY

Procedures

- To assist with the implementation of this policy, staff and students are encouraged to access the daily local sun protection times via the [SunSmart widget](#) on the school's website, the free [SunSmart app](#), or at sunsmart.com.au.
- The sun protection measures listed are used for all outdoor activities during the **daily local sun protection times**. (generally from Mid-August to the end of April in Victoria).

Environment

Seek Shade

- The school council makes sure there are enough shelters and trees providing shade in outdoor areas particularly in high-use areas e.g. where students have lunch, canteen, assemblies, sports, outdoor lessons and popular play spaces.
- The availability of shade is considered when planning all other outdoor activities.
- Students are encouraged to use available areas of shade when outside.
- Students who do not have appropriate hats or outdoor clothing are asked to play in the shade or a suitable area protected from the sun.
- In consultation with the school council, shade provision is considered in plans for future buildings and grounds.
- A shade assessment is conducted regularly to determine the current availability and quality of shade.

Behaviours

Slip on sun protective clothing and hat

- Children will be required to wear School Council approved school uniform, which will include shirts and dresses with collars, long sleeved garments, longer styled shorts and skirts, and broad brimmed hats (at least 6 cm rigid brim).

- Staff will act as role models by also wearing broad brimmed hats (at least 6cm rigid brim), covering clothing, applying sunscreen and seeking shade when outside.
- Appropriate School Council approved school uniform hats for students will be readily available from the school's uniform provider Beleza.
- Children without broad brimmed hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat may be restricted from playing outside. Notification will be made to their parent to make them aware.

Slop on sunscreen

- Students provide their own SPF30 (or higher) broad-spectrum, water-resistant sunscreen.
- Sunscreen is applied in accordance with the manufacturer's directions (applied at least 20 minutes before going outdoors and reapplied every two hours, or more frequently if sweating or swimming).
- Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).

Slide on sunglasses

- Where practical students wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.

Learning

- Programs on sun protection are included in the curriculum for all year levels.
- Students are encouraged to be involved in initiatives to promote and model sun protection measures to the whole school community.
- SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website/intranet, staff and parent meetings, school assemblies, student and teacher activities and at student enrolment/new staff orientation.

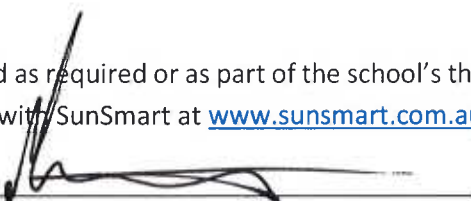
OH&S

- As part of OHS UV risk controls and role-modelling, staff, families and visitors:
 - wear a sun protective hat, covering clothing and, if practical, sunglasses;
 - apply sunscreen; and
 - seek shade whenever possible.
- UV radiation exposure is considered as part of a [school's risk management and assessment](#) for all outdoor events and activities on and off-site e.g. UV radiation protection strategies (hats, clothing, shade, sunscreen) are included in school camp activities, excursions, sports days and interschool sports events.

REVIEW CYCLE

This policy will be reviewed as required or as part of the school's three year review cycle by completing a policy review and membership renewal with SunSmart at www.sunsmart.com.au

Signed:



School Council President – Ahmet Ahmet

Signed



School Council Executive Officer (Principal) – Stuart Bott

This policy was last updated by School Council on:	15/06/2021
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This policy is scheduled for review by School Council in:	June 2024
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