

LEOPOLD PS

SUNSMART

POLICY

Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Aims:

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation:

- To assist with the implementation of this policy, staff and students are encouraged to access the daily local sun protection times via the SunSmart widget on the school's website, the free SunSmart app, or at Sunsmart.com.au.
- The sun protection measures listed are used for all outdoor activities during the daily local sun protection times. The sun protection times are when UV is forecast to reach 3 or higher. At these levels, sun protection is recommended for all skin types. In Victoria, UV levels regularly reach 3 or higher from mid-August to the end of April.
- Children will be required to wear School Council approved school uniform, which will include shirts and dresses with collars, long sleeved garments, longer styled shorts and skirts, and broad brimmed hats (at least 6 cm rigid brim) from the 20th August until the 30th April whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats (at least 6cm rigid brim), covering clothing, applying sunscreen and seeking shade when outside.
- Appropriate School Council approved school uniform hats for students will be readily available from the school's uniform provider Beleza.
- Children without broad brimmed hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat may be restricted from playing outside. Notification will be made to their parent to make them aware.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). This sunscreen is to be provided by the parent/guardian. Sunscreen will generally be applied by students themselves according to the manufacturer's directions, under the supervision of parents/guardians and teachers. Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours or more frequently if sweating or swimming. Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).
- It is optional but staff and students can wear close fitting UV protection wrap around AS1067 sunglasses whenever they are outside.
- The school council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The availability of shade is considered when planning all outdoor activities.
- Students are encouraged to use available areas of shade when outside.
- In days of extreme temperatures, the students will remain inside. This will be a decision made by the Principal Class Officers' and known as an adverse weather timetable.

- The school newsletter and school assemblies will be used to highlight and reinforce the sunsmart message.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Sunsmart behaviour will be regularly reinforced and promoted through the school newsletters, school homepage, parent meetings, staff meetings, school assemblies, student and teacher activities and on student enrolment.
- Families and visitors are encouraged to use a combination of sun protection measures (sun protective clothing and hats, sunglasses, sunscreen and shade) when participating in and attending outdoor school activities.
- Our school will seek to continue its accreditation as a Sunsmart school at the Anti-Cancer Council of Victoria as appropriate.

Evaluation:

- This policy will be reviewed as part of the school's review cycle at least once every three years.

Signed

School Council President – Alison Woodard

Signed

School Council Executive Officer (Principal) – Jan Rollinson

This policy was last ratified by School Council on	18th August 2015
This policy was ratified by school Council on	15th August 2018